





OILEÁN

SB20 National Championships 2023 Sailing Instructions (SIS)

Friday 8th - Sunday 10th September 2023

Lough Ree Yacht Club

Ballyglass, Hillquarter, Coosan, Athlone, N37 K257

The Organising Authority (OA) is the Lough Ree Yacht Club (LRYC) in association with the SB20 Ireland Class Association.

PRO: David Dickson

National Judge: Vincent Delany

Technical Committee Chair: David Taylor

Registration will take place in the clubhouse Thursday 7th 19.00 to 20.00 Friday 8th 09.00 to 10.15

Briefing will take place outside the clubhouse Friday 8th at 10.30

The notation '[DP]' in a rule means that the penalty for a breach of the *rule* may, at the discretion of the protest committee, be less than disgualification.

The notation '[NP]' means that a boat may not protest another boat or the race committee for breaking that *rule*. This changes *RRS* 60.1(a).

1 RULES

- 1.1 The event will be governed by the rules as defined in The Racing Rules of Sailing (RRS).
- 1.2 SB20 Class rules will apply, except where changed by the NoR or these SIs.
- 1.3 RRS 40.1 Personal Flotation Devices (PFDs) applies. "Each competitor shall wear a PFD except briefly while changing or adjusting clothing or personal equipment. Wet suits and dry suits are not PFDs".

2 CHANGES TO SAILING INSTRUCTIONS

2.1 Any change to the SIs will be posted not later than two hours prior to the scheduled start of the first race on the day it will take effect, except that any change to the schedule of races will be posted by 21.00 hrs on the day before it will take effect.

3 COMMUNICATIONS WITH COMPETITORS

3.1 Notices to competitors will be posted on the official notice board located in the front window of the clubhouse and may also be posted using the event WhatsApp Group "SB20 NATIONALS 2023" which can be joined by scanning the QR code:



or by using the link: https://chat.whatsapp.com/GtdQzOedSF6DCqGj2RbtzD [NP] Failure to post or receive a WhatsApp message will not be grounds for redress.

- 3.2 The Race Office is located at the Committee Room in the clubhouse at LRYC.
- 3.3 [DP] All boats shall carry a VHF radio capable of communicating on VHF marine channels.
- 3.4 [NP] The following communications may be made by the Race Committee on channel 71: the location of the starting area, Race information, Courses to be sailed, Countdown to the start, Individual Recalls, General Recalls, U Flag UFDs, Black Flag BFDs and Postponements. Failure to make these broadcasts or failure to hear them are not grounds for redress. This changes RRS 62.1.
- 3.5 [DP] While racing, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats. This also applies to mobile phones which may be carried onboard. This changes Class Rule C4.2 (1).

4 CODE OF CONDUCT

4.1 [DP] Competitors and support persons shall comply with reasonable requests from race officials.

5 SIGNALS MADE ASHORE.

- 5.1 Signals made ashore will be displayed from the flagpole in front of the LRYC. Clubhouse.
- 5.2 When Code Flag AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes'. This changes *RRS* Race Signals.

6 SCHEDULE

Day/Date	Time		No of Races
Thursday 7 th	19.00 – 20.00	Registration & Lift in.	
Friday 8th	09.00 – 10.15	Registration & Lift in.	
	10.30	Competitor Briefing in front of the clubhouse.	
	12.30	First Warning Signal	Up to 4 Races (Back to Back)
Saturday 9th	11.30	First Warning Signal	Up to 4 Races (Back to Back)
Sunday 10th	11.00	First Warning Signal	Up to 4 Races (Back to Back)
	ASAP after last race	Lift out of visiting boats	
	ASAP after results available	Prizegiving	

- 6.1 Ten (10) races are scheduled with succeeding races being started as soon as is practicable after the finish of the previous race.
- 6.2 Additional races may be sailed each day. If the Race Committee intends to start an additional race THE ORANGE FLAG will be displayed at the finish of the previous race.
- 6.3 There will be no warning signal will be made after 14.30 on Sunday 10th September.

7 CLASS FLAG

7.1 The class flag will be the SB20 Class Flag.

8 RACE AREA

8.1 The racing area will be on the waters of Lough Ree as shown approximately in Addendum A.

9 COURSE

- 9.1 The course will be as described in Addendum B.
- 9.2 If, for any reason, there is only one Leeward Mark it shall be rounded to port.

10 MARKS

- 10.1 Mark 1 will be a Red Pyramidical Mark.
- 10.2 Marks 1a, 2s and 2p will be Spherical Yellow Buoys.
- 10.3 For starting Marks see SI 12.1, Finish line SI 14.1.

11 Not Used

12 THE START

- 12.1 The Starting Line will be between a Race Committee Vessel's MIZZEN MAST displaying an ORANGE FLAG at the Starboard end of the line and at the port end a STAFF displaying an ORANGE FLAG in a Race Committee Vessel or a WHITE SPHERICAL BUOY.
- 12.2 [NP] If any part of a boat's hull is on the course side of the starting line at her starting signal and she is identified, the Race Committee will attempt to hail by VHF her sail number. Failure to hail her number, failure of her to hear such a hail, or the order in which boats are hailed will not be grounds for a request for redress. This changes *RRS* 62.1(a).
- 12.3 A boat which starts later than 5 minutes after her Starting Signal shall be scored as Did Not Start (DNS) without a hearing. This changes *RRS* A5.1.

13 CHANGE OF THE NEXT LEG OF THE COURSE

- 13.1 To change the next leg of the course, the Race Committee will move the original mark (or the finishing line) to a new position. Flag C may be the only signal used to indicate such a change. This changes RRS 33.
- 13.2 Minor adjustments will not be signalled. This changes RRS 33.
- 13.3 Except at a gate, boats shall pass between the Race Committee Vessel signalling the change of the next leg and the nearby mark, leaving the mark to port and the Race Committee Vessel to starboard. This changes RRS 28.1.

13a SHORTENING THE COURSE

13a.1 When a Race Committee Vessel displays Flag 'F' at a mark or gate and makes repeated sound signals, boats shall pass between the vessel displaying Flag F and the nearby mark, leaving the mark on the required side, or passing through the gate, and then sail to the finish line to finish.

14 THE FINISH

- 14.1 The Finishing Line will be
 - between a Race Committee Vessel's **MAIN MAST displaying a BLUE FLAG** at the Starboard end and the course side of the finishing mark, **a BLACK SPHERICAL BUOY**, at the port end.
- 14.2 [NP] In addition to the procedure for shortening the course in RRS Rule 32, the Race Committee may also award a finishing score to a boat that is still racing by displaying to her from a Race Committee Vessel (which may be in motion) Flag W with one sound signal. A boat so notified is no longer required to sail a course, shall stop racing and shall return to the starting area, or return ashore if there is no more racing. A finishing score under this SI will be the score she would have received had she sailed the course and finished within any time limit, without gaining or losing any place. The decision by the Race Committee to use this procedure or not to use it shall not be grounds for requesting redress. This changes RRS 28.1 & 60.1(b)

15 PENALTY SYSTEM

15.1 The two-turn penalty is changed to a one turn penalty. This changes RRS 44.1.

16 TIME LIMITS AND TIME TARGETS

- 16.1 The Target Time for each race will be 35 minutes.
- 16.2 Boats failing to finish within 15 minutes of the first boat to start, sail the course and finish be scored Did Not Finish (DNF). without a hearing. This changes *RRS* 35, A4 and A5.

17 HEARING REQUESTS

- 17.1 The Protest Time Limit is 60 minutes after the finishing time of the last boat in the last race of the day or the Race Committee signals no more racing today, whichever is later.
- 17.2 Hearing Request Forms are available at the Race Office and completed requests must include a mobile number, a back-up number and an email address.
- 17.3 Arbitration RRS Appendix T will apply. If a party is not present at an arbitration meeting, any party that is present may take a Post-Race Penalty at any time until the Protest Committee has completed taking evidence. This changes RRS T1 (a).
- 17.4 Parties will be informed by WhatsApp/email as soon as possible after the Protest Time Limit to inform competitors of hearings in which they are parties or named as witnesses. Notices of Protests by the Race Committee, Technical Committee or Protest Committee will be posted to inform boats under *RRS* 61.1(b)
- 17.5 On the last scheduled day of racing a request for redress based on a Protest Committee decision shall be delivered as soon as possible after the decision was posted. This changes *RRS* 62.2.

18 SCORING

- 18.1 One (1) race is required to be completed to constitute a series.
- 18.2 When fewer than four races have been completed, a boat's score will be the total of her race scores.
- 18.3 When four or more races have been completed, a boat's score will be the total of her race scores, excluding her worst score.

19 SAFETY REGULATIONS

19.1 [DP] A boat that retires from a race shall notify the Race Committee at the first reasonable opportunity.

20 REPLACEMENT OF CREW OR EQUIPMENT

- 20.1 [DP] Substitution of equipment is not allowed unless authorised in writing by the Race Committee. Requests for substitution shall be made to the Race Committee at the first reasonable opportunity, which may be after the race.
- 20.2 Substitution of competitors is not allowed without prior written approval of the Race Committee.

21 EQUIPMENT AND MEASUREMENT CHECKS

- 21.1 A boat or equipment may be inspected at any time for compliance with the class rules, notice of race and sailing instructions.
- 21.2 [DP] When instructed by a Race Official on the water, a boat shall proceed to a designated area for inspection.

22, 23 &24 Not used.

25 TRASH DISPOSAL

25.1 The SB20 Western Championships is a 'Clean Regatta' and is fully supportive of sustainability of our land and marine environments. We would ask that you try to eliminate any plastic disposable bottles or wrapping in your consumables on board and to recycle any necessary plastic when ashore.

26 LAUNCHING, BERTHING, AND LIFT OUT

- 26.1 Launching and berthing are included in the entry fee and will take place as set out in paragraph 6 above. Lift out facilities for visiting boats will be provided immediately after racing on Sunday 10th September.
- 26.2 All boats are required to be berthed overnight on LRYC designated moorings or jetties. (Competitors are advised to use adequate warps and fenders.)

27 HAUL-OUT RESTRICTIONS

- 27.1 [DP] Boats shall not be hauled out during the event except with and according to the terms of prior written permission of the Race Committee.
- 28 Not used.

29 PRIZES

29.1 The Prize Giving Ceremony will take place after sailing on Sunday. Prizes will be awarded to the first 3 boats Overall and to the top 3 in the Silver Fleet.

30 RISK STATEMENT

- 30.1 RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.
- 30.2 LRYC and SB20 Ireland Class Association and all their officers, members and volunteers, and event sponsors and patrons, do not accept liability for loss of life or property, or personal injury or damage caused by or arising out of the event. Competitors take part in the event at their own risk.

31 INSURANCE

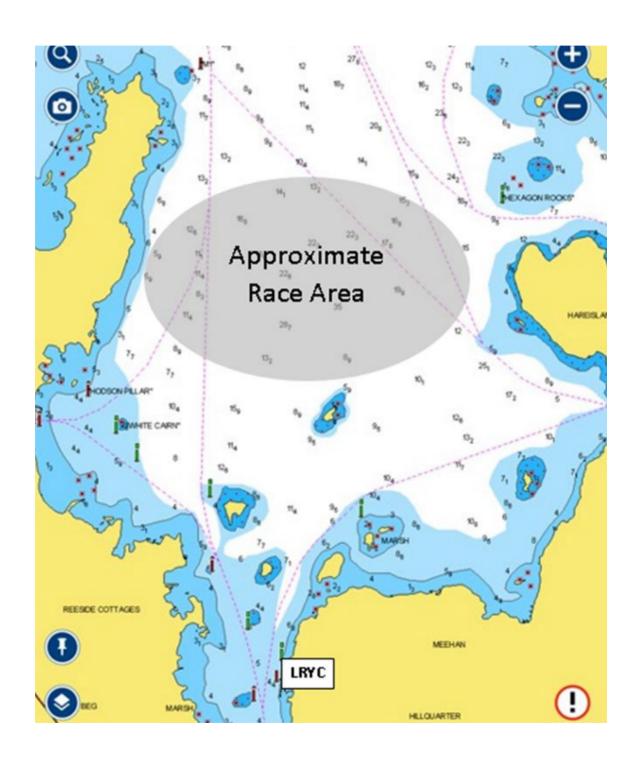
31.1 Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of €3 million per event or the equivalent.

32 MEDIA RIGHTS

32.1 Competitors automatically grant to the OA, without payment, the right in perpetuity to make use of and show any motion pictures, still pictures and live, taped or filmed television of or relating to the event. This may include the use of unmanned aerial vehicles (drones) operated under IAA guidelines.

ADDENDUM A APPROXIMATE RACE AREA

THE DISTANCE FROM LRYC TO THE STARTING AREA MAY BE UP TO THREE KILOMETERS.

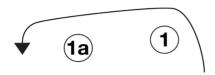


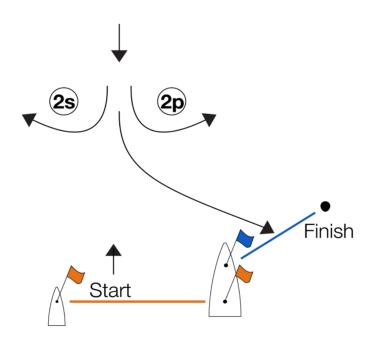
ADDENDUM B

COURSE: Windward / Leeward

Mark Rounding Order

START - 1 - 1a - 2s/2p - 1 - 1a - 2p - FINISH





NOT TO SCALE